

Upper Endoscopic Ultrasound Preparation Instructions

Day PRIOR to the procedure:

- Nothing to eat or drink after midnight the night before the procedure.

The day of the procedure:

- Take all medications on the morning of the procedure with a small sip of water. **Do not** take Diabetic medications unless instructed to.
- Use two FLEET's enemas the morning of the procedure
 - 1st enema when you wake up
 - 2nd enema 30 minutes before you leave

***** If there is a possible Fine Needle aspiration*****

No Coumadin, ASA, NSAIDS or Fish Oil for 3 days prior to procedure

No Plavix, Proxal, Effient, Xarelto for 7 days prior to procedure

You will need a driver with you due to sedation.